



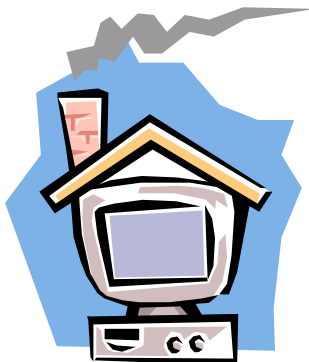
'The Palliative Care Toolkit - PCTK'

(The palliative care education sheet from Michael Sobell House)

Oct 2005 - No 5

Welcome to the fifth edition of the 'PCTK' from Michael Sobell House. This bi monthly education sheet delivers to you palliative care information and tips that you can use in your day-to-day practice. This month we are looking at the internet and useful websites – which provide a variety of palliative and oncology information ranging from educational tips to clinical guides. Have a look and see which you may use now or in the future

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Useful Websites:

www.ampainsoc.org The American Pain Society is a multidisciplinary organization of basic and clinical scientists, practicing clinicians, policy analysts, and others. It's mission is to advance pain-related research, education, treatment and professional practice.

www.breakingbadnews.co.uk This website is designed to provide guidelines and practical suggestions to UK healthcare professionals on how to communicate any medical information effectively and compassionately, and respond to a patient's and family's feelings and needs.

www.cancernursing.org. provides free, professional online cancer care courses that aim to enhance the knowledge and skills of health professionals and anyone concerned with the care of cancer patients.

www.cochrane.org//cochrane/revabstr/SYMPTAbstractIndex.htm
Abstracts of Cochrane Palliative Care Reviews

www.coventrypainclinic.org.uk/index.htm Information website designed to help sufferers and their carers learn about the diagnosis and treatment of common painful conditions.

www.dh.gov.uk/PolicyAndGuidance/HumanResourcesAndTraining/ModernisingWorkforcePlanningHome/CGWTCancer/fs/enThe Cancer Care Group Workforce Team works alongside the Cancer Taskforce to deliver service improvement. It also links to other CGWTs to manage cross-cutting workforce development issues.

www.eperc.mcw.edu/ The purpose of EPERC is to share educational resource material among the community of health professional educators involved in palliative care education

www2.edc.org/lastacts/archives An archived website. It includes project work from 1995 through 2001. Much of the content remains applicable to improving pain management in institutions.

www.edc.org/lastacts periodically features new developments in pain management and palliative care

www.epec.net Mission is to educate all healthcare professionals on the essential clinical competencies in palliative care. The EPEC Curriculum is available in a online learning format and is presented in seventeen modular topics, and each module meets Continuing Medical Education (CME) requirements. Participants complete each topic's post-test and evaluation, and, upon passing the test, an instant certificate for CME is issued. EPEC online learning modules may be used as a supplement to other EPEC materials or as a refresher on the core skills of palliative care.

www.growthhouse.org Primary mission is to improve the quality of compassionate care for people who are dying, through public education and global professional collaboration. Provides a comprehensive collection of reviewed resources for end-of-life care.

www.hospiceinformation.info Sets out to provide high quality, relevant information to health professionals and members of the public. Aims to link practitioners together so that they can share information, knowledge and experience and, in doing so, further the development of hospice and palliative care throughout the world. Provides a range of services: enquiry service ,hospice UK online ,UK and Ireland hospice directory ,international hospice directories ,website ,resource centres ,publications ,research and statistical information

www.helpthehospices.org.uk/elearning/index.htm 15 minute online palliative care tutorials.

www2.edc.org.co.uk International, online journal features peer-reviewed promising practices in end-of-life care, useful tools, selected bibliographies, and other resources.

www.ihl.org/IHI/Topics/LastPhaseofLife The Institute for Healthcare Improvement (IHI) is a not-for-profit organization based in Cambridge, Massachusetts, USA and drives the improvement of health by advancing the quality and value of health care.

www.ir2.ox.ac.uk/bandolier/booth/painpag This site is for anyone with a professional or personal interest in pain and analgesia. It is firmly based in the principles of evidence-based medicine and has pulled together systematic reviews with pain as an outcome.

www.whocancerpain.wisc.edu Cancer Pain Release is the publication of the World Health Organization global communications program to improve cancer pain control and palliative and supportive care. Is dedicated to keeping a worldwide and multidisciplinary audience in the health professions and government abreast of relevant information and developments in clinical medicine, education and policy.

www.medicineau.net.au/1671.html The philosophy of MedAu, launched in April 1996, is to be a cooperative project - a place in cyberspace where doctors can share their thoughts and knowledge with others. Published from Australia.

www.nccn.org/professionals The National Comprehensive Cancer Network is an alliance of 19 of the world's leading cancer centres, working together to develop treatment guidelines for most cancers, and dedicated to research that improves the quality, effectiveness, and efficiency of cancer care. NCCN offers a number of programs to give clinicians access to tools and knowledge that can help guide decision-making in the management of cancer

www.ncpc.org.uk The National Council for Palliative Care is the umbrella organisation for all those who are involved in providing; commissioning and using hospice and palliative care services in England, Wales & Northern Ireland. It promotes the extension and improvement of palliative care services regardless of diagnosis in all health and social care settings and across all sectors to government, national and local policy makers.

www.ncl.ac.uk/cancereducationonline Part time web based postgraduate programmes in Oncology and Palliative Care from the University of Newcastle upon Tyne

www.pallcare.info Website for health-care professionals working in palliative care or related fields.

www.partnersagainstpain.com An alliance of patients, caregivers, and healthcare providers working together to alleviate unnecessary suffering by leading efforts to advance standards of pain care through education and advocacy.

www.prodigy.nhs.uk A source of clinical knowledge, based on the best available evidence, about the common conditions and symptoms managed by primary healthcare professionals.

www.palliatedrugs.com provides essential, comprehensive and independent information for health professionals about the use of drugs in palliative care.

Michael Sobell House Education & Training:

Oct 6th Palliative Care Update (ward based)
 12th Tens Machines in Palliative Care Training
 14th Palliative Care Symposia – Pain Management
 19th Graseby Syringe Driver Training 2
 20th Principles of Palliative Care (Uni of Hertfordshire)
 Palliative Care Update (ward based)
 21st Principles of Palliative Care (Uni of Hertfordshire)
 26th Volunteer Training (am)
 Lymphoedema Training (pm)
 27th Breaking Bad News/Communication Workshop

Nov 2nd Advanced Pain Study Day
 3rd Palliative Care Update (ward based)
 9th Syringe Driver Training 1
 10th Managing Anger
 16th Principles of Palliative Care (Uni of Hertfordshire)
 17th Principles of Palliative Care (Uni of Hertfordshire)
 Palliative Care Update (ward based)
 18th Palliative Care Symposia – ICP for the Dying
 24th Reflection on Practice Set
 Syringe Driver Training 2

Dec 1st Palliative Care Update (ward based)
 7th Volunteer Training
 8th Advanced Symptom Day – GI
 15th Reflection on Practice Set
 16th Palliative Care Symposia – Alternative Treatments

For enquires and booking forms contact Anni Hall (Education Co-ordinator) on ext 4177

Useful Numbers:

Michael Sobell House (ward)	Ext 4281
Palliative Care Mac Nurse	Ext 4110/Bleep 547
Palliative Care Registrar	Ext 4281/Bleep 547
MSH Outreach Team	Ext 4596 -office hrs
MSH Lecturer Practitioners	Ext 4567 –office hrs
Garden House Hospice (Letchworth)	01462 679517
Harlington Day Hospice (Hayes)	0208 7590453
Peace Hospice (Watford)	01923 330330
Pasque Hospice (Luton)	01582 492330
St Francis Hospice (Berkhamstead)	01441 862960
St Lukes Hospice (Harrow)	0208 3828000
Berkhamstead Mac Nurses	01442 862960
Dacorum Mac Nurses	01442 240726
“	01923 330343
Hillingdon Mac Nurses	01895 279412
Ian Rennie Hospice at Home	01442 890222
Uni of Herts - Lauren Hemming	01707 285148
David Maher	01707 285265